

What's on

Murdishaw Community Centre



Mondays

Country Garden Café (Free Wi-fi)	9:30am – 2:30pm
Stroke Association (fortnightly)	12:15pm – 2:45pm
“Halton Mayors Award” (for 10 – 13 year olds) run by Young Addaction	4:30pm – 6:00pm
“Nimble Thimbles” Group - needlecraft (Fortnightly)	6:45pm – 9:15pm
Police “community first” drop in meetings (1 st Monday of each month)	5:00pm – 6:00pm

Tuesdays

Country Garden Café (Free Wi-fi)	9:30am – 2:30pm
Boxercise (Exercise class)	9:30am – 10:30am
“Lunch Bunch”	12:15pm – 3:00pm
Slimming World (2 classes)	5:00pm + 7:00pm

Wednesdays

Country Garden Café (Free Wi-fi)	9:30am – 2:30pm
“Movers & Shakers” – for under 5's	10:00am – 11:00am
Movement Therapy & Lifestyle (standing & chair based exercise)	11:30am – 12:30pm
“Breakaways” Ukelele players	2:00pm – 3:30pm
Street Dance, Hip Hop & Breakdance (Term time only) 3 classes	4:30, 5:15 & 6pm
Paper Craft & Cardmaking	7:30pm – 9:30pm

Thursdays

Country Garden Café (Free Wi-fi)	9:30am – 2:30pm
Murdishaw Art Co-operative	9:45am – 12:15pm
Beginners Art - Murdishaw Art Co-operative	1:00pm – 3:00pm
Bingo	1:00pm – 3:00pm
Labour Councillors Surgery	7:00pm – 7:30pm
Popmo (Exercise to music class)	6:30pm – 7:30pm
East Runcorn Labour Party Meeting (First Thursday of each Month)	7:30pm – 10:00pm

Fridays

Country Garden Café (Free Wi-fi)	9:30am – 2:30pm
“SUPPORT Stop Smoking” – sessions. “Drop in” (“New” enrolment from 9:30am)	10:30am – 11:30am
“Breakaways” Ukelele players	2:00pm – 3:30pm
Over 40's “Social Evening” (1st Friday of each month)	7:00pm – 11:30pm

Saturday

Slimming World (3 classes)	8am, 10am +11:45am
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The Centre is available for hire for Children's Parties, Meetings, Training Courses Etc.
H.E.L.P.S Sales (Low cost Child Safety Equipment) Contact Centre Staff for Details.

Murdishaw Community Centre
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