

What's on

Upton Community Centre

Mondays

Café Open	9.00am - 1.00pm
Smoking Cessation Group	9.30am - 11.30am
Nifty Fifties Keep Fit to Music	10.00am - 11.30am
Bulgarian Folk Dance	6.00pm - 7.00pm
H.E.A.R.T.S	5.00pm - 8.00pm

Tuesdays

Café Open	9.00am - 1.00pm
Moo Music	1.00am - 3.00pm
Rainbows	4.30pm - 6.00pm
Voicebox Musical Theatre Singing	5.00pm - 8.00pm
Taekwondo	6.30pm - 8.00pm
Karate	8.00pm - 9.00pm

Wednesdays

Café Open	9.00am - 1.00pm
Nifty Fifties Keep Fit to Music	10.00am - 11.00am
Young Addaction (Mayors Award)	4.30pm - 5.30pm
Krafty Kids	5.30pm - 7.30pm
Majorettes	6.00pm - 9.30pm

Thursdays

Café Open	9.00am - 1.00pm
Credit Union	10.00am - 11.00am
Art Class	10.00am - 12.00pm
Leanne James Thursday Club	1.30pm - 3.30pm
Taekwondo	4.00pm - 8.15pm
Art Class	7.00pm - 9.00pm
Hough Green Councillors Surgery (3 rd Thurs of each month)	7.30pm - 8.30pm
Psychic Night – Open Circle	7.30pm - 9.00pm
Karate	8.15pm - 9.15pm

Fridays

Café Open	9.00am - 1.00pm
Weight Watchers	10.00am - 11.00pm
Majorettes	4.30pm - 9.00pm
Line Dancing	7.00pm - 9.00pm

Saturdays

DiddiKicks	10.00am - 1.00pm
Core Assets (fortnightly)	9.30am - 1.30pm

Sundays

DiddiKicks	10.00am - 1.00pm
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Meeting rooms, sports hall and climbing wall available for hire at competitive rates.
Also available for family parties - For more information please contact the Centre.

Police Community Base – Talk to your local PCSO about any issues that you may have – for surgery times contact the Centre.

Upton Community Centre
Hough Green Road, Widnes, WA8 4PF
Phone: 0151 511 6161
UptonCC@halton.gov.uk

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